



Press Release

Thunder Bay: July 22, 2009
 Shares Issued: 78,125,179

PREMIER CONTINUES TO DEFINE HIGH-GRADE GOLD AT EP AND SP ZONE TARGETS

23.36 g/t Au across 5.4m within 6.60 g/t Au across 32.6m

PREMIER GOLD MINES LIMITED (TSX:PG) is pleased to announce that drilling continues to define both open pit and underground style gold mineralization within multiple subzones at the Company’s Hardrock Project in Northwestern Ontario. The current program, consisting of delineation and exploration drilling, will continue throughout 2009 and is expected to result in an NI 43-101 compliant resource estimate by year end.

Drilling at the EP Zone is currently defining the limits of mineralization within a high potential open pit zone. An update of results is expected in the near future. Drilling in the South Porphyry (“SP”) Zone continues to demonstrate the potential of this area to host significant high-grade, underground style, gold mineralization within multiple lenses.

Highlights from recent drilling include:

SP Zone: 6.60 g/t Au across 32.6 metres including 23.36g/t Au across 5.4 metres within the SP Zone underground target

Premier holds a 70% interest in the Hardrock Project, which is operated under a joint venture with Roxmark Mines Limited (TSX-V:RMK). The Hardrock Project is host to several past-producing mines which collectively produced nearly 3.0 Million ounces of gold within 600 metres of surface from 1938-1968. Early drilling in 2009 focused on open pit-style mineralization and is now targeting the huge potential to expand higher grade mineralization amenable to efficient underground mining methods.

SP Zone

Several highly prospective target areas, with the potential to host new underground mineral resources, have been identified. Initial drilling to test the potential of the SP Zone has returned multiple intersections of high-grade gold mineralization. Historic work, including mining, in the SP Zone has identified 3 lenses of mineralization that converge at the fold nose of the main porphyry rock unit at Hardrock. The SP Zone was partially mined in the upper levels of the mine with 264,354 tonnes (291,428 tons) of ore mined at an average grade of 8.37g/t Au (0.244 oz/t). Intermittent historic drilling that tested the unmined down-plunge extension of the SP Zone suggests the potential to outline mineralization over a plunge length of nearly 3.0 kilometres (8,500 feet).

Highlights from new drilling include 6.60g/t Au across 32.6m in hole MM014 which is located approximately 150 metres down-plunge from a previous intersection of 6.63 g/t Au across 28.1 m in hole MM05. SP Zone results correlate very well with previous surface and underground drilling results, all of which will be included in the Company’s upcoming NI-43101 compliant resource that is expected by year-end. Holes MM04 to MM06 were previously released and are included to demonstrate the potential of this zone.

Table 2 New Sub-Zone Intercepts within the SP Zone Target Area

Hole-ID	UTM Coordinates (m)	Dip/Azimuth (degrees)	From (m)	To (m)	Interval (m)	Grade (g/tonne)	Interval (ft)	Grade (oz/ton)	Zone
MM004*	5502718 N 504306 E	-55/360	208.1	210.0	1.9	5.88	6.2	0.17	SP
			219.0	223.4	4.4	6.36	14.4	0.19	SP

			240.5	242.1	1.6	8.35	5.2	0.24	SP
			334.0	336.0	2.0	8.42	6.6	0.25	F
MM005*	5502703 N 504257 E	-55/360	230.8	258.9	28.1	6.63	92.2	0.19	SP
including			252.9	258.9	6.0	17.14	19.7	0.50	SP
			272.3	273.5	1.2	10.92	3.9	0.32	SP
			297.5	300.5	3.0	4.57	9.8	0.13	SP
MM006*	5502694 N 504199 E	-55/360	244.0	251.0	7.0	6.74	23.0	0.20	SP
			314.5	316.0	1.5	4.80	4.9	0.14	F
			371.0	373.2	2.2	36.22	7.2	1.06	HGV
MM007	5502649 N 504147 E	-50/360	296.8	301.7	4.9	3.24	16.1	0.09	SP
			347.3	353.8	6.5	3.35	21.3	0.1	F
			367.9	369.2	1.3	8.40	4.3	0.25	HGV
MM008	5502720 N 504199 E	-55/360	301.5	302.5	1.0	8.25	3.3	0.24	F
			357.0	359.0	2.0	4.05	6.6	0.12	HGV
MM009	5502649 N 504200 E	-55/360	387.0	395.8	8.8	4.12	28.9	0.12	SP
including			393.0	395.8	2.8	7.36	9.2	0.21	SP
MM012	5502675 N 504099 E	-55/360	hole abandoned						
MM014	5502674 N 504102 E	-55/360	285.7	318.3	32.6	6.60	106.9	0.19	SP
including			285.7	291.1	5.4	23.36	17.7	0.68	SP
including			286.7	287.8	1.1	93.40	3.6	2.73	SP
including			301.2	308.0	6.8	5.61	22.3	0.16	SP
including			315.5	318.3	2.8	10.40	9.2	0.30	SP
MM015	5502660 N 504000 E	-50/360	342.5	344.0	1.5	5.17	4.9	0.15	SP
			353.0	356.0	3.0	6.51	9.8	0.19	SP
MM017	5502680 N 503900 E	-55/360	assays pending						

* Previously Released

True widths estimated at approximately 70% of intersection widths

NN-Zone

Ongoing exploration drilling is also testing additional prospective targets that could host underground style mineralization similar to the West Zone at Hardrock from which 532,254 tons of ore was mined at an average grade of 7.85g/t Au (0.23 oz/t). The New North ('NN') Zone, a narrow vein target area, has returned numerous significant intercepts within the first several holes drilled to test this zone. These initial results are presented in the following table.

Table 3 New Sub-Zone Intercepts within the NN Zone Target Area

Hole-ID	UTM Coordinates (m)	Dip/Azimuth (degrees)	From (m)	To (m)	Interval (m)	Grade (g/tonne)	Interval (ft)	Grade (oz/ton)	Zone
MM010	5502940 N 504124 E	-45/360	105.0	109.5	4.5	4.66	14.8	0.14	NN
			129.5	131.0	1.5	8.56	4.9	0.25	NN
MM011	5502919 N 504050 E	-45/360				NSV			
MM013	5502904 N 503950 E	-50/360	171.4	174.5	3.1	7.08	10.2	0.21	NN
MM016	5502900 N 503980 E	-50/360	172.8	175.0	2.2	5.59	7.2	0.16	NN
MM017					Results	Pending			
MM018	5502899 N 503920 E	-52/360	177.5	182.0	4.5	7.56	14.8	0.22	NN

True widths estimated at approximately 70% of intersection widths

The Hardrock Project has the potential for defining several styles of mineralization capable of hosting resources, with grades and widths similar to many of Ontario's major gold mines including Open pit-style mineralization with grades exceeding 1.5 g/t Au (Timmins, Hemlo), broad zones of mineralization with grades averaging 5.0+ g/t Au (Musselwhite), and narrow vein zones with higher gold grades often exceeding 7.0g/t (Red Lake, Pickle Lake). The Hardrock Project benefits from development advantages with the Trans-Canada Highway, Trans-Canada Pipeline and major power lines running through the center of the property.

Stephen McGibbon, P. Geo., is the Qualified Person for the information contained in this press release and is a Qualified Person within the meaning of National Instrument 43-101. Assay results are from core samples sent to Activation Laboratories, an accredited mineral analysis laboratory in Thunder Bay, Ontario, for preparation and analysis utilizing both fire assay and screen metallic methods.

Premier Gold Mines Limited is a well-financed mineral exploration and development company based in Canada, with mineral interests and deposits in Northwestern Ontario and a joint venture in Mexico. Premier has recently earned a 70% interest in the Hardrock Project, an advanced-stage gold project in the Geraldton area. In the Red Lake gold mining camp, two properties are operated in joint venture with Red Lake Gold Mines. The company's 100%-owned PQ North Property a strategic project located on the main Musselwhite Gold Mine trend.

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The statements made in this Press Release may contain forward-looking statements that may involve a number of risks and uncertainties. Actual events or results could differ materially from the Company's expectations and projections.